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**Management of infectious complications in multiple myeloma patients: expert panel consensus-based recommendations**

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## Abstract

The introduction of new therapeutic agents in multiple myeloma (MM), including proteasome inhibitors, immunoregulatory drugs and monoclonal antibodies, has improved the outcomes of patients, but in parallel has changed the frequency and epidemiology of infections. Hence, the great strides in the indications and use of new active treatments for MM need parallel progresses on the best approach to prophylaxis and supportive therapy for infections. Moving from the recognition that the above issue represents an unmet clinical need in MM, an expert panel assessed the scientific literature and composed a framework of recommendations for optimal infection control in patients candidate to active treatment for MM. The present publication represents a consensus document from questionnaires and consensus meetings held during 2017. The issues tackled in the project dealt with: infectious risk assessment, risk management and prophylaxis, intravenous immunoglobulin replacement therapy, antiviral and antibacterial vaccination. Considering the lack of conclusive and/or enough large studies for certain topics several recommendations derived from the personal experience of the experts.

## 1. Introduction

In the last decades, the advent of new therapeutic agents including proteasome-inhibitors (PI), immunoregulatory drugs (IMiD) and monoclonal antibodies has improved the outcomes of patients with multiple myeloma (MM) <sup>1,2</sup>. These drugs are characterized by effects on the immune system different from those of conventional anti-MM agents. In addition, these drugs are usually combined with intermediate- or high-dose dexamethasone, resulting in impairment of cell-mediated immunity <sup>2</sup>. With this shift of treatment paradigm, patients with MM are at risk of infection, and infections continue to be a major cause of morbidity and mortality in MM. <sup>3</sup> Hence, the great strides in the indications and use of new treatments need parallel progress in the best approach to prophylaxis and supportive treatment for infections.

In view of these considerations, a panel of experts was convened to exploit a project aimed to provide useful guidelines for the management of the infectious complications of MM. The present publication represents a consensus document from a series of meetings held during 2017 and email correspondence. A challenging problem in the interpretation of the literature data on the infectious complications in MM is the not homogeneous definition of the infections and of the infectious risks, furthermore the lack of conclusive and/or enough large studies for certain topics made it difficult to make evidence based recommendations. Consequently most of recommendations on the management of infectious complications in MM are based on the personal experience of the experts.

We hope these recommendations will help to minimize adverse events, and we believe that an optimal management of them will be rewarded by better outcomes, and better quality of life.

## 2. Design and methods

Two chairmen (CG and GB) appointed an Expert Panel of 7 members, selected for who had previously published and/or expressed an interest in infection complications in MM. During an initial meeting, the EP agreed on the areas of major concern in the risk of infections in MM by generating and rank-ordering clinical key-questions using the criterion of clinical relevance, through a Delphi process <sup>4</sup>. The following four candidate key-questions formed the set of questions of the present document: “infectious risk assessment”, “risk management and prophylaxis”, “intravenous immunoglobulin replacement therapy” and “vaccinations”. During a second meeting, the EP examined the current state of knowledge regarding infections and MM. Then, each panelist drafted statements that addressed one or more of the preliminarily identified key questions. Subsequently,

each panelist scored his agreement with the statements made by other panelists and provided suggestions for rephrasing. The overall goals of the meetings were to reach a definite consensus over question-specific statement for which there was disagreement. According to the nominal group technique, participants first commented in round-robin fashion their preliminary votes and then a new vote was proposed<sup>5</sup>. At least 80% consensus on the statement should have been obtained, otherwise the choices were discussed again and a second vote taken. If an 80% consensus was still not attained, no further attempt was made declaring the issue undecidable. Recommendations were specifically given considering the time and type of MM therapy according to the current MM treatment guidelines<sup>6,7</sup>.

### 3. Epidemiology of infections in patients receiving an active treatment for MM

To estimate the risk of bacterial and viral infections in MM patients, a total of 9253 MM patients, diagnosed between 1988 and 2004 and identified from the Swedish Cancer registry, were compared to 34,931 population-based controls<sup>8</sup>. Overall, a 7-fold increased risk of developing any infection compared to matched controls was observed in MM patients. MM population had an overall 7-fold increased risk of developing a bacterial infection compared to controls (the risk was 11-fold higher during the first year following diagnosis). The overall risk for viral infections was 10-fold higher (18-fold higher during the first year) compared to controls. The elevated risk of infections in MM patients compared to controls increased significantly with calendar period up to 9-fold higher in 2000-2004.

The incidence of infections in patients receiving IMiD or PI based treatment regimens for MM was analyzed by a systematic review and meta-analysis evaluating phase II-III randomized controlled trials of single or multi agent combination published until 2015<sup>9</sup>. An overall rate of 13.4% and 9.7% of severe infection occurred in patients with a new diagnosis of MM and not eligible to ASCT who received IMiD-based and PI-based induction therapy, respectively. IMiD-based therapy for newly diagnosed patients demonstrated a relative risk (RR) of 1.74 for severe infections with respect to conventional chemotherapy/corticosteroids; however, the risk of death from infection was not significantly higher in IMiD-based therapy compared to conventional therapy. The rate of deaths from infection was 4.4%.

In ASCT-eligible patients who received induction therapy with IMiDs and PI, the rate of severe infection was 22.4% and 19.7%, respectively. IMiD-based studies demonstrated a significant RR of 0.76 for severe infection against both vincristine-adriamycin-dexamethasone

(VAD) regimen and dexamethasone alone. The RR of severe infection was comparable in patients who received bortezomib induction therapy and conventional chemotherapy (RR, 1.12).

In patients who received maintenance therapy with IMiDs after prior ASCT(s) there was a 10.5% rate of severe infection episodes. The infectious risk of IMiD-based maintenance therapy was not increased compared to placebo or prednisolone treatment, however, patients who received lenalidomide as maintenance therapy suffered of a doubling risk of severe infection compared to those treated with thalidomide (RR, 1.95).

In patients with relapsed or refractory MM the rates of severe infection were 16.6% after IMiD treatment and 23.3% after bortezomib treatment. Although the increased risk of infection in relapsed or refractory patients was probably related to the underlying disease status and the overall salvage treatment, the risk of infection with the association of an IMiD, such as lenalidomide, with corticosteroids was double than that of steroids alone.

Epidemiological data on grade > 3 infections from large phase 3 clinical trials in MM patients treated according to the current strategies are detailed in Table 1<sup>10-31</sup>.

#### 4. Infectious risk assessment

##### 4.1 Preliminary considerations

The incidence of different types of infection after active treatment of MM patients with IMiDs, PI and ASCT was evaluated during the period 2008-2012 at the Peter McCallum Cancer Centre (PMCC), an Australian tertiary referral centre for MM<sup>32,33</sup>. Overall, 771 episodes of infection occurred in 189 of 199 (95%) MM patients. Overall, infectious complications accounted for 1.33 per patient-year. The respiratory tract (42.4%), blood (13.0%) and skin, soft tissue (12.2%) were the most frequent sites of infection. Of 281 microbiologically defined infections, 54.1%, 5.7% and 40.2% were bacterial, fungal and viral infections, respectively. There was a bimodal peak in incidence of bacterial infections (4–6 and 70–72 months) following disease diagnosis.

Out of 152 bacterial infections, 47.4% were caused by gram-negative bacteria, 38.8% by gram-positive bacteria and 13.8% by multiple organisms. *Escherichia coli* (23.7%) and *Clostridium difficile* (11.8%) were the most frequently isolated organisms. Again, 5.3% of all episodes of bacterial infection was caused by vaccine-preventable encapsulated bacteria (*Streptococcus pneumoniae*, *Haemophilus influenzae*)<sup>33</sup>. Of 98

bloodstream infections, 40.8% were due to gram-negative organisms, 33.7% were due to gram-positive organisms, and 25.5% were polymicrobial infections.

The factors associated to an increased risk of severe bacterial infection in MM patients treated with bortezomib was analyzed in a Korean cohort study<sup>34</sup>. A total of 98 patients with MM were evaluated during 427 treatment courses. In the multivariate analysis, poor performance status (Eastern Cooperative Oncology Group  $\geq 2$ ), early phase of therapy ( $\leq 2$  courses), and lymphopenia preceding treatment (absolute lymphocyte count  $< 1.0 \times 10^9/L$ ) were independent risk factors in each treatment course. In courses with 0, 1, 2, and 3 of the above risk factors the probability of developing severe bacterial infections were 5.1%, 14.9%, 23.9% and 59.5%, respectively.

In a study that included 139 patients treated with bortezomib, 30 out of the 74 patients (40.5%) with lymphopenia (lymphocytes  $< 0.8 \times 10^9/L$ ) at diagnosis developed a severe bacterial infection<sup>35</sup>.

High cumulative doses (over 1600 mg) or prolonged treatment (25 mg per day for 60 days) of prednisolone-equivalents were independently associated to a six times increased risk of bacterial infection whilst a cumulative dose over 3200 mg was associated with nine times the risk of developing viral infection<sup>32</sup>.

In patients with severe neutropenia following salvage intensive chemotherapy and ASCT the risk of colonization and infections by multidrug resistant (MDR) bacteria may depend on the hospital prevalence of such pathogens. Indeed knowledge of colonization pattern may be required in order to define infection control measures and tailored antibiotic therapy<sup>36-40</sup>. On the other hand, in a recent prospective Italian epidemiological study on bacterial infections in ASCT recipients, 61 of 837 (7.3%) MM patients developed a gram-negative bacteremia during the neutropenia engraftment period with only one case of carbapenem-resistant isolate<sup>41</sup>.

Ahn et al.<sup>42</sup> reported 7% of pulmonary tuberculosis cases in 117 Korean patients who received bortezomib therapy and demonstrated that the infection impacted survival. In another experience from the same country in 285 patients with MM who received 349 courses of bortezomib-containing regimens no case of tuberculosis was encountered during the course of treatment, but 3 patients (1.1%) developed tuberculosis 3, 12 and 21 months after bortezomib discontinuation<sup>43</sup>. In the first experience, bortezomib was generally associated to thalidomide and cyclophosphamide while in the second study most of patients received bortezomid alone or with only dexamethasone: therefore it may be hypothesized that the increase in the susceptibility to tuberculosis by bortezomib-containing regimens might be also dependent on the other combination drugs.

In the PMCC study<sup>32</sup>, out of 113 viral infections, 47% and 53% were respiratory and herpes infections, respectively. Viral infections showed a bimodal peak in incidence of (7-9 and 52-54 months) following diagnosis. Most of viral respiratory tract infections were caused by picornavirus (34.0%), parainfluenza (18.9%), respiratory syncytial virus (18.9%) and influenza (11.3%). In a further study by the same Australian group, risk factors for viral respiratory infections were progressive disease, and receipt of more than three lines of MM therapy<sup>44</sup>. Herpes infections consisted of reactivation of varicella-zoster virus (VZV) (68.3%), herpes simplex (23.3%) and cytomegalovirus (CMV) (8.3%). The majority (76.7%) of these episodes occurred while the patients were not receiving antiviral prophylaxis<sup>45</sup>. Among the current drug therapies used for MM, bortezomib was associated with a high rate of VZV reactivation (13%-36%)<sup>46-49</sup>. Treatment with novel anti CD38 monoclonal antibodies deserves attention in view of the high rate of pulmonary and herpesviruses infections<sup>25, 31, 50, 51</sup>. In a recent retrospective study, 170 patients with relapsed or refractory MM who had received daratumumab as single agent or in various combinations suffered of a high rate of infections (36.5%), most often viral. Infections were significantly associated with neutropenia and lymphopenia and represented a major cause of death in patients who survived less than three months<sup>51</sup>.

A number of studies have examined the risk of CMV reactivation during the induction therapy and after ASCT. In a retrospective study from Japan, in 120 newly diagnosed patients with MM, the rate of CMV reactivation was 20% (24 of 120) and proven/suspected CMV disease was documented in 11% (13 of 120) of patients<sup>52</sup>. A higher risk of CMV reactivation was observed in patients with extramedullary disease and in those with a low absolute lymphocyte count<sup>52</sup>. CMV retinitis in the setting of heavily treated progressive disease has been reported<sup>53,54</sup>. To address the issue of risk of CMV infection after ASCT, the cases of 78 consecutive MM patients who underwent a tandem ASCT after induction treatment with either conventional chemotherapy (n = 42) or with novel agents (n = 36), were reviewed<sup>55</sup>. Considering the outcome of both the first and the second transplantations, 12 subjects (12/78, 15%) developed a total of 13 episodes of symptomatic CMV reactivation. At univariate analysis, a treatment with novel agents before transplant was the only factor significantly associated with the occurrence of CMV reactivation after the first transplant, but not after the second one.

As for other malignancies, serology for hepatitis virus infection discriminates subjects at risk or not of viral reactivation and saves unnecessary treatment in seronegative patients<sup>56-58</sup>. Most of available data for hepatitis virus infections in MM patients treated with new agents, derive from studies from Asian HBV endemic areas<sup>57,58</sup>. In a retrospective study from Japan<sup>59</sup> out of 5078 patients with MM treated using novel



agents and/or ASCT, 52 (1.0%) were HBV carriers (HBsAg-positive or HBV DNA positive), and 760 (15.0%) exhibited resolved HBV infection (HBsAg-negative/anti-HBc-positive). Overall, 46 of the 52 HBV carriers received prophylactic antiviral agents to prevent hepatitis; of the remaining 6 patients who did not receive prophylaxis one developed hepatitis. Out of 758 patients with resolved HBV infection followed for a median period of 101 weeks (range: 1–541 weeks), HBV reactivation (HBVr) occurred in 58 (7.7%) cases, with a cumulative incidence rates of HBVr at 2 and 5 years of 7.9% and 14.1%, respectively. Ten of 58 (17.2%) patients with HBVr did not receive prophylactic or pre-emptive antiviral therapy and developed hepatitis (one of them died of fulminant hepatitis despite the administration of antiviral therapy). The other patients who received prophylaxis and/or had regular monitoring of HBV-DNA with pre-emptive antiviral therapy did not develop hepatitis. HBVr risk was particularly high after ASCT (adjusted odds ratio, 11.56) and the cumulative incidence of HBVr in patients submitted to ASCT was significantly higher (16% at 2 years and 30.6% at 5 years) than those not treated with ASCT (4.4% at 2 years and 4.8% at 5 years) ( $p < 0.0001$ ). In a retrospective study from Texas (USA), 107 MM patients with HBV resolved infection undergoing ASCT and 125 patients with negative HBV serology (control subjects) were compared for HBVr, hepatotoxicity and outcome<sup>61</sup>. Only one of these patients received lamivudine prophylaxis. HBVr occurred in 7 of 107 patients (6.5%) in the HBV resolved group a median of 16 months after ASCT but there was no difference in hepatotoxicity and non-relapse mortality in the two groups.

Risk factors for invasive fungal disease (IFD) in MM were analyzed by two observational studies<sup>62,63</sup>. A proven, probable or possible IFD was documented in 9 of 372 (2.4%) MM patients managed at two Australian centers from January 2009 to December 2011<sup>62</sup>. Rate of invasive aspergillosis was 0.3%. The rate of IFD was 2.2% (3 of 135) and 2.5% (6 of 237) in patients who had received and had not received an ASCT, respectively. Most of the IFD episodes (85.7%) occurred after a median of 35 months between initial MM diagnosis, during the period of disease progression. The rate of IFD in patients who received 3 lines or more of therapy was 15.0%. In the second prospective, multicenter study from China, the incidence of IFD (in most of cases a possible IFD) per chemotherapy courses was 3.8%<sup>63</sup>. Prior history of IFD was the only independent risk factor of IFD after chemotherapy courses.

In a recent prospective Italian epidemiological study on infections in ASCT recipients, only 2 cases of candidemia were observed in 837 (0.2%) MM patients during the neutropenia engraftment period<sup>41</sup>.

There are no specific epidemiological data on the risk of *Pneumocystis jirovecii* pneumonia (PJP) in MM populations, however, some cases of PJP have been reported during bortezomib treatment<sup>64-65</sup>. Patients receiving PIs should be considered at increased risk of PJP particularly in association with high dose and prolonged steroid treatment.

#### **4.2 Recommendations**

- *In MM patients candidate to active treatment, careful evaluation of performance status and past medical history, especially for infection that can reactivate such as varicella zoster virus (VZV), hepatitis and tuberculosis, is recommended before starting first-line therapy.*
- *Controlled HIV, HBV and HCV infections, diabetes, chronic obstructive pulmonary disease, severe hypogammaglobulinemia, renal insufficiency and other recognized risk factors for infections should be seriously considered case by case in order to adopt appropriate prophylactic measures and, if necessary, to modulate MM treatment.*
- *Severe active infections (i.e. pneumonia, herpes zoster, HBV or HCV-related hepatitis, CMV disease, tuberculosis) or uncontrolled HIV-disease contraindicate, at least until their complete resolution or control, active therapies in MM.*
- *The quantitative evaluation of serum polyclonal immunoglobulins, the absolute lymphocytes count, and the absolute neutrophil count are recommended since they could be of help in defining the individual risk of infections.*
- *Information on recent vaccination history (in particular anti-pneumococcal vaccination) should be collected in order to define the pre-treatment vaccination schedule.*
- *All patients needing active treatment should undergo HBV and HCV screening with the following exams: HBsAg, anti-HBc and anti-HBs (HBV DNA if HBsAg or anti-HBc positive); anti-HCV (HCV RNA if anti-HCV positive).*
- *All patients needing active treatment should undergo HSV and VZV antibody test screening in order to identify seronegative patients in whom antiviral chemoprophylaxis is useless. However, the EP agreed that, considering the advanced age of most MM patients with a very low rate of seronegative patients for both HSV and VZV, serological screening of the entire population with the aim to save few unnecessary treatments is questionable.*
- *In high TB prevalence regions<sup>66</sup>, all patients with a new diagnosis of MM needing active treatment should undergo screening with IFN- $\gamma$ -release assays (IGRAs) or tuberculin skin testing (TST) or a combined TST-IGRA testing to detect latent TBI. In low TB prevalence regions*

<sup>66</sup>, screening is recommended in persons with a suspected history of TB infection, in those who come from high TB prevalence regions and in those who have clinical conditions that are associated with an increased risk for TB infection.

- In hospitalized patients candidate to ASCT and in those undergoing intensive salvage therapy, colonization screening with rectal swab culture is recommended to detect colonization by MDR Gram negative bacteria in hospitals with known diffusion of MDR pathogens. Rectal swab should be performed at hospital admission and subsequently every week.
- Surveillance screening of fungal antigens (galactomannan, beta-D-glucan,) or fungal cultures in patients without suspicion of IFD is not recommended.

## 5. Risk management and prophylaxis

### 5.1 Preliminary considerations

While the epidemiological studies could define the infectious risk in the different types and phases of MM treatment, the indication of anti-infectious prophylaxis in patients receiving active MM therapy is controversial. In particular the use of antibacterial prophylaxis both in neutropenic and non-neutropenic patients is a debated issue <sup>67,68</sup>.

The efficacy of prophylactic antibiotics on the prevention of serious bacterial infections during the first 2 months of treatment in patients with newly diagnosed MM has been evaluated in a prospective phase III study <sup>69</sup>. In this experience (carried out over a 10 years period) three small groups of patients (ciprofloxacin or ofloxacin, 69 cases, trimethoprim-suphamethoxazole 76 cases, and no prophylaxis 67 cases) were compared and no significant difference in the incidence of serious bacterial infections was observed. In a retrospective historically controlled study in MM patients treated with regimens including bortezomib, 80 patients who received levofloxacin prophylaxis showed significantly decreased rate of severe bacterial infections compared to 139 patients who did not (12.5 vs. 30.9 %) <sup>70</sup>. Prophylaxis with levofloxacin was compared to placebo in newly diagnosed MM patients in a large, randomised, double-blind, placebo-controlled multi-centre phase III clinical trial <sup>71</sup>. Overall, 500 mg levofloxacin or placebo tablets once daily for 12 weeks were randomly administered to 977 patients. The number of febrile episodes and or death by any cause suffered in the first 12 weeks were the primary endpoint. The use of levofloxacin was associated to a significant advantage (27% and 19% of events in patients receiving placebo and levofloxacin, respectively; Hazard ratio, 1.52, p=0.002). Levofloxacin not only impacted on febrile episodes and

survival but also significantly reduced the number of invasive gram-negative infections. In a recent prospective Italian epidemiological study on bacterial infections in ASCT recipients, antibacterial prophylaxis during the neutropenia period after ASCT was significantly associated with a reduced risk of gram negative bacteremia (hazard ratio, 0.50;  $p < 0.001$ , in multivariate analysis)<sup>41</sup>. Considering the phenomenon of increasing antibiotic resistance among Gram-negative bacteria worldwide, important concerns were raised about the efficacy of fluoroquinolones prophylaxis and the negative impact of a widespread use of these antibiotics on resistance rates. However, a recent meta-analysis of controlled and observational studies showed that there was no significant effect of the background rate of fluoroquinolone resistance on the efficacy of fluoroquinolone prophylaxis in reducing the rates of the overall mortality, bloodstream infections and fever both in community and hospital settings<sup>72</sup>. However, the possible benefits of fluoroquinolone prophylaxis on infection rate should be weighed against its impact in terms of toxicity and changes in local ecology in single centres.

Targeted screening and treatment of latent tuberculosis infection (LTBI) is an important strategy for cancer patients at high risk of developing active TB<sup>73,74</sup>. However, with the exception of the above mentioned reports from Asian endemic areas,<sup>42,43</sup> there is no specific information on the risk of tuberculosis reactivation in MM populations.

The low rate of active HBV infection, particularly in Western countries, makes it difficult to carry out prospective trials, testing the effectiveness of antiviral prophylaxis in MM patients. Furthermore the significant variability in the geographic diffusion of this viral disease makes the formulation of recommendations valid for all countries complex. Routine prophylaxis of patients who are HBsAg positive load has been shown to significantly reduce the risk of HBVr<sup>56-58,75-77</sup>. The choice of antiviral agent and the duration of prophylaxis are critical in mitigating the risks of HBVr. There are several oral agents approved for the treatment of chronic hepatitis B (lamivudine, adefovir, entecavir, tenofovir, telbivudine), however, experience in prevention and treatment of HBVr following chemotherapy is almost entirely limited to lamivudine (100 mg daily). The possibility of viral breakthrough following the emergence of resistance mutations is a major concern with prolonged use of lamivudine. Indeed, in HBsAg-positive patients with MM administered lamivudine prophylaxis, reactivation rates of 5-9% have been reported<sup>75-78</sup>. In alternative to lamivudine, entecavir and tenofovir are attractive candidates given their high potency and extremely low resistance rates<sup>56,58</sup>. Antiviral therapy

should start before chemotherapy or transplant and should continue for 6-12 months after stopping chemotherapy or later in situations in prolonged immune suppression is required<sup>56,58</sup>.

An important issue to be considered in the choice of antimicrobial prophylaxis in cancer patients receiving chemotherapy, immunomodulatory or other immunosuppressive treatments is represented by the interaction of concomitantly used drugs. Information on drug-drug interactions are often theoretical or deriving from in vitro or animal studies and whether or not a particular drug-drug interaction is clinically relevant may vary depending on a number of individual patient characteristics such as age, organ function, genetic pattern, comorbidity as well as concurrent medication. Clinically relevant drug-drug interactions between certain anti-MM drugs and antimicrobials may occur (Table 2).

## 5.2 Recommendations

### 5.2.1 Antibacterial prophylaxis

- *Antibacterial prophylaxis (ciprofloxacin 500 mg bid; levofloxacin 500 mg od) is recommended during the first few months of treatment both in transplant-eligible and non-transplant eligible MM patients, particularly in patients receiving IMiDs and in those at high risk of infections such as patients with a history of frequent infections or patients with co-morbidities or those with high tumor burden (International Staging System –ISS- stage group 3).*
- *Fluoroquinolone prophylaxis from day 5 until stable neutrophil engraftment is recommended after ASCT.*
- *In patients who develop neutropenia while receiving lenalidomide-based maintenance therapy the use of fluoroquinolone prophylaxis may be considered but a specific recommendation is not possible in absence of reliable efficacy data. Furthermore, the prolonged maintenance period does not fit to an antibacterial prophylactic strategy.*
- *Fluoroquinolone prophylaxis is recommended in patients with relapsed/refractory disease developing treatment-related prolonged neutropenia.*
- *Due to the inhibitory effect of CYP1A2, ciprofloxacin may increase the blood levels and effects of pomalidomide. If concomitant administration with fluoroquinolones is required, levofloxacin should be preferred.*

### 5.2.2 Antifungal prophylaxis

- *Prophylaxis against Candida and molds is not recommended during any nontransplant treatment phase, while anti Candida prophylaxis (fluconazole 400 mg od or micafungin 50 mg od) may be considered after ASCT in patients with oral mucositis at risk of superficial fungal infections.*
- *Prophylaxis against PJP is recommended in patients receiving PIs and prolonged steroid treatment and in those with relapsed refractory disease. In ASCT it should be administered after engraftment. The drug of first choice is trimethoprim-sulphamethoxazole (160/800 mg bid for 2 or 3 days/week), alternative agents include aerosolized pentamidine (300 mg once/month), dapsone (50 mg×2/day) and atovaquone (1500 mg/day).*

### 5.2.3 Antiviral prophylaxis

- *Prophylaxis of HZ infection, but also of HSV infection, [Intravenous (5 mg/kg q12h) or oral acyclovir (from 3x200 mg/d to 2x800mg/d), or oral valaciclovir (from 500 to 3x500 mg/d)], is recommended during PIs therapy and following ASCT. Also for patients receiving daratumumab (and probably other anti CD38 monoclonal antibodies) HZ prophylaxis is recommended and should be initiated within 1 week of starting daratumumab, and continued for 3 months following treatment. Antiviral prophylaxis is recommended in all patients with a recent history of HZ or HSV infection regardless of the type of MM therapy.*
- *Patients with chronic HBV infection should be treated with tenofovir or entecavir under the supervision of an infectious disease or hepatology expert. Patients with resolved HBV infection should be treated with lamivudine. Close monitoring of sero-reversion and/or viremic rebound (defined as determination of HBV DNA, serum HBsAg levels and ALT every 1-3 months), and the subsequent introduction of pre-emptive therapy can be considered an alternative to universal lamivudine prophylaxis. Antiviral prophylaxis should be initiated prior (at least 1 week) or in concomitance with starting immunosuppressive treatment, it should be continued for the duration of treatment and until 1 year after withdrawal of immunosuppressive treatment. HBV DNA and ALT should be monitored every 3 months during the antiviral prophylaxis and monthly after the withdrawal of antiviral treatment*

- *In HCV-infected patients receiving chemotherapy close monitoring of liver function tests and HCV RNA is recommended. In HCV RNA positive patients with hepatic disease, antiviral treatment according to the specific indication should be considered, as soon as possible under the supervision of an infectious disease or hepatology expert.*

## **6. Intravenous immunoglobulin replacement therapy**

### **6.1 Preliminary considerations**

Discordant results are reported in literature concerning the use of prophylactic intravenous immunoglobulin (IVIG) replacement. In 1967 Salmon et al.<sup>79</sup> reported that the use of prophylactic IVIG replacement was not associated to a reduced infection rates in newly diagnosed MM patients. In 1995, Musto et al.<sup>80</sup> suggested that IVIG could be useful for long-term prevention of serious infections in MM. Later, in 2009, Raanani et al published a meta-analysis of randomized-controlled trials comparing prophylaxis with IVIG versus control<sup>81</sup>. The main limitation of this review is that the reviewed studies were old and nowadays the treatment for MM completely changed. However, the conclusion of this study was that the use of IVIG cannot be recommended. Same conclusion was reported by Blombery et al. in 2011<sup>82</sup> and Park et al. in 2015<sup>83</sup>: in these studies the use of peri-transplant IVIG did not result in a reduction of infections in a large cohort of patients with MM undergoing ASCT.

### **6.2 Recommendations**

- *IVIG is not recommended routinely for patients with MM. The use of IVIG may be reserved to patients with very low IgG levels (< 400 mg/dl) and recurrent life-threatening infections.*

## **7. Vaccinations**

### **7.1 Preliminary considerations**

While guidelines on various vaccinations after ASCT have been published<sup>84</sup>, few data are available specifically in MM patients out of transplant.

Patients with MM have a higher incidence of invasive pneumococcal disease and influenza infections compared to other hematological diseases and controls<sup>6,85</sup>, and we will focus our recommendations on vaccinations against these vaccine-preventable pathogens.

A retrospective study with MM patients showed that, after a single dose of 23-valent pneumococcal polysaccharide vaccine (PPSV23) prior to ASCT, only 33% of the patients achieved a significant antibody response<sup>86</sup>. In a further experience in 6 MM patients who received two doses of pneumococcal 13-valent conjugate (PCV-13) vaccine both pre G-CSF mobilized hematopoietic cell collection and day +21 post-ASCT, significant immune responses was demonstrated in all patients<sup>87</sup>. In 91 MM patients who received PCV-13 revaccination during lenalidomide maintenance after ASCT response was observed in 58% of patients<sup>88</sup>.

During the influenza season 1995-1996, 50 MM patients receiving conventional chemotherapy were randomly allocated to receive or not influenza vaccine<sup>89</sup>. During the period of study at least one upper respiratory illness occurred in 32% vaccine recipients and 72% controls ( $p < 0.001$ ). In 2000 Robertson et al.<sup>90</sup> evaluated the antibody titres against influenza using a conventional single-shot influenza vaccine, comparing the results with reference values of a healthy UK population: response to vaccinations was very poor. More recently intensified influenza vaccination schedules in MM patients were evaluated. A retrospective, single-center study, evaluated the immune response of MM patients to one and two doses of a trivalent influenza<sup>91</sup>. Patients with an insufficient response to the first vaccine dose and without any serious side effects were offered a second dose of vaccine. This pilot study suggested that a second vaccine dose may boost the immune response against influenza in MM patients. A novel influenza vaccine strategy (2-dose series of high-dose inactivated trivalent influenza vaccine) was evaluated in 51 patients with plasma cell dyscrasia during the 2014-2015 influenza season<sup>92</sup>. Only 3 patients (6%) experienced laboratory confirmed influenza. The rates of hemagglutination antibody inhibition (HAI) seroprotection against all 3 vaccine strains increased from 4% at baseline to 49% after the first dose and 65% after the second dose. A condition of partial response to therapy and active conventional chemotherapy were found to be associated with a lower likelihood of HAI serologic response. Alternatively, a greater likelihood of an HAI serologic response was associated to a therapy with an immunomodulatory drug alone or with a PI. The same authors compared two doses of Fluzone® High-Dose influenza vaccination (separated by 30 days) to standard of care influenza vaccination with a single age-based vaccination (standard dose  $< 65$  years and high-dose  $\geq 65$  years) in a double-blind, randomized clinical trial over the 2015-2016 flu season,<sup>93</sup>. Sero-protection against all 3 influenza vaccine strains was reached following the second vaccine/placebo in 86.3% of patients who received two high dose vaccines and in 63.9% of those who received standard vaccination. At the



end of the flu season, sero-protection was persistent in 58.5% of patients who received two high dose vaccines and in 33.3% of those who received standard vaccination.

An important issue is to understand when is useful to vaccinate (before, during, or after therapy). According to a review performed by Alemu et al. in 2016,<sup>94</sup> vaccines need to be administered before initiating chemotherapy or other immune modulators or waiting for at least 3 to 6 months after such therapies.

## 7.2 Recommendations

- *Vaccination against influenza is recommended annually. Double vaccination (30 days apart) to enhance protection against influenza in MM patients might be considered.*
- *Vaccination against *S.pneumoniae* with PCV-13, followed by PPSV-23 after 2 months, is recommended at the diagnosis of MM regardless of the decision to start early treatment and possibly before initiating any active therapy. A further PCV-13 booster should be administered after ASCT.*
- *While considering the variable effectiveness and risk of vaccination every center or country should give clear and well documented recommendations. Despite Guidelines recommendations, vaccination is often poorly carried out in cancer patients. The Panel points out that any effort should be made to improve the culture of the vaccination practice not only in patients but especially in their physicians.*

## 8. Conclusions

European Myeloma Network Guidelines for the Management of MM related Complications published in 2015 underlined the importance of infection monitoring and appropriate use of antimicrobial prophylaxis in MM patients<sup>95</sup>. The use of antibiotic prophylaxis during the first 3 months of therapy with IMiDs, HZ prophylaxis for patients receiving PI-based therapies or during ASCT and vaccination against influenza virus and *S.pneumoniae* were recommended. However, in view of the lack of randomized clinical trials testing screening problems and infection prophylaxis, the grade of evidence of most of the recommendations was uncertain and some issue of relevance in the clinical practice could not be explored. In this article, in which very recent literature on current MM therapeutic strategies and their complications was analyzed, experts in MM judged

whether the body of evidence was sufficient to provide updated and more detailed recommendations regarding the infection control in the disease. The questions raised by and the conclusions drawn from this consensus conference project may form the basis for improving efforts in the prevention of infectious complications in MM populations. A continuous epidemiological update is needed to implement the guidelines to be applied in the clinical practice.

## 9. Future considerations

Thanks to the availability of new treatments, the management and the outcome of patients affected by MM have changed considerably in the last years. An important effect of these therapeutic progresses was the prolongation of patients survival, however, with the inevitable appearance of new types of infectious complications. Other new therapeutic agents are under investigation, including novel PIs (oprozomib and marizomib), histone deacetylase inhibitors (romidepsin, vorinostat, ricolinostat), monoclonal antibodies (SAR650984, MOR202, isatuximab, ipilimumab), and small-molecule inhibitors (vemurafenib, venetoclax, CPI-0610, LGH447, dinaciclib, selinexor, ibrutinib, and filanesib)<sup>96-98</sup>. Again, the development of chimeric antigen receptor (CAR) T cell therapy for MM is a promising technological advancement in the future treatment of several malignancies including MM<sup>99</sup>. It is expected that all these innovative therapies will be associated to peculiar complications requiring specific approaches. With the increasing use of new therapeutic options of MM it will probably be necessary to redefine the prevention and treatment strategies of the infectious complications during the different phases of the disease. The adaptation of the infection-control measures cannot be done without the knowledge of the new epidemiological patterns. It is therefore necessary to carry out a continuous surveillance of the complications in order to detect in real time any change in the epidemiology of infections in MM patients and to establish appropriate and tailored preventive approaches.

### Practice points

- New treatment strategies for MM need a parallel progress in the best approach to prophylaxis and supportive therapy for infections.

- Infectious risk assessment should be defined before and during active treatment of MM. In particular, careful evaluation of performance status and past medical history, clinical risk factors and microbiological screening for infections in order to adopt appropriate prophylactic measures and information on recent vaccination history should be seriously considered case by case.
- Primary antibacterial, antifungal and antiviral prophylaxis is recommended according to disease phase and type of treatment. Possible drug-drug interactions between certain antimicrobial and anti-myeloma drugs should be considered.
- Vaccination against *S.pneumoniae* should be administered, possibly at the diagnosis of MM regardless of the decision to start early treatment and before initiating any active therapy, and vaccination against influenza should be performed annually to the patients but also to the household members.

#### **Research agenda**

- Continuous investigation on epidemiology and risk assessment of infections is required to detect change in the risk profile of infections in MM
- Implementation of such information in registries and clinical trials are highly recommended to better define guidelines on the assessment and treatment of infections in MM patients.

**Contribution of the authors**

CG and GB were the chairmen of the project and wrote the manuscript; all authors contributed to the literature review, the writing and to the revision of the manuscript.

**Potential conflicts of interest**

C.Girmenia. has received honoraria from Gilead Sciences, Astellas Pharma, Basilea, MSD, Pfizer Pharmaceuticals, and Celgene.

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Table 1. Rate of grade 3 or higher infections from phase 3 randomised clinical trials in MM patients treated according to the current strategies.

| Author, year<br>(n.reference)                     | Type of treatment   | N. of patients | Rate of<br>infections, % | Comments   |
|---|---|----------------|--------------------------|--|
| Studies in newly diagnosed ASCT-eligible patients |   |                |                          |  |
| Rosinol, 2012 <sup>10</sup>                       | Chemotherapy 4 induction cycles + bortezomib 2 induction cycles, followed by ASCT | 129            | 15                       | The rate of infections refers to the induction therapy.  |
|   | TD 6 induction cycles, followed by ASCT   | 127            | 16                       |  |
|   | VTD 6 induction cycles, followed by ASCT  | 130            | 21                       |  |
| Cavo, 2010 <sup>11</sup>                          | VTD 3 induction cycles, followed by ASCT  | 236            | 3                        | The rate of infections refers to the induction therapy. All grade 3-4 infections were considered with the exclusion of H.zoster. Aciclovir prophylaxis to prevent reactivation of varicella zoster virus infection was recommended for patients receiving VTD.     |
|   | TD 3 induction cycles, followed by ASCT   | 238            | 5                        |  |
| Moreau, 2011 <sup>12</sup>                        | vTD 4 cycles induction, followed by ASCT  | 100            | 10                       | The rate of infections refers to the induction therapy.  |
|   | VD 4 cycles induction, followed by ASCT   | 99             | 14                       |  |
| Palumbo 2014 <sup>13</sup>                        | RD, induction   | 399            | 6                        | Consolidation therapy with high-dose melphalan plus ASCT and lenalidomide maintenance significantly prolonged progression-free survival among patients with multiple myeloma who were 65 years of age or younger, although at a cost of increased infectious risk. |
|   | HDM+ASCT, consolidation   | 141            | 13.3                     |  |
|   | MPR, consolidation  | 132            | 0.8                      |  |
|   | Lenalidomide, maintenance   | 116            | 6.0                      |  |
|   | No maintenance  | 115            | 1.7                      |  |
| Mai, 2015 <sup>14</sup>                           | VCD induction, followed by ASCT   | 250            | 10.8                     | The rate of infections regarded only the induction phase. Infectious death occurred in 2 patients in the VDD group and one in the VCD group  |



|   |   |     |      |  |
|---|---|-----|------|--|
|   | VDD induction, followed by ASCT   | 248 | 12.9 |  |
| Moreau, 2016 <sup>15</sup>                            | VTD induction, followed by ASCT   | 169 | 7.7  | Hematologic toxicity was higher in the VCD arm, with significantly increased rates of grade 3 and 4 neutropenia. This higher rate of neutropenia in the VCD arm was not associated with a higher rate of grade 3 and 4 infections. Two patients in both arms died due to infection during consolidation  |
|   | VCD induction, followed by ASCT   | 169 | 10.1 |  |
| Rajkumar 2010 <sup>16</sup>                           | RD four induction cycles, followed by same therapy until disease progression or ASCT or other treatment options | 223 | 16   | Toxicities were most common with high-dose dexamethasone particularly in the first 4 months and in elderly patients.   |
|   | Rd four induction cycles, followed by same therapy until disease progression or ASCT or other treatment options | 220 | 9    |  |
| Attal, 2017 <sup>17</sup>                             | VRD 3 induction cycles, followed by VRD 5 consolidation cycles  | 350 | 8.9  | In both groups respiratory tract infections (4.0% and 6.6%) and sepsis (1.7% and 5.1%) were the most frequent infections. VRD therapy plus transplantation was associated with significantly longer progression-free survival than VRD therapy alone, but infections were more frequent in the transplantation group and overall survival did not differ significantly between the two approaches. |
|   | VRD 3 induction cycles, followed by HDM+ASCT consolidation  | 350 | 20.3 |  |
| Studies in newly diagnosed ASCT not-eligible patients |   |     |      |  |
| San Miguel, 2008 <sup>18</sup>                        | VMP 9 cycles  | 340 | 10   | Any grade H.zoster occurred in 13% and 4% of patients in TMP and MP groups, respectively. The incidence of H.zoster was reduced to 3% in patients in the VMP group who were receiving antiviral prophylaxis  |
|   | MP 9 cycles   | 337 | 7    |  |
| Palumbo 2010 <sup>19</sup>                            | VMPT 9 induction cycles, followed by maintenance VT   | 253 | 13   | The incidence of severe infections was similar in both groups and mainly due to pneumonia and neutropenic fever; grade 3 to 4 herpes zoster was 1% in both groups.   |
|   | VMP 9 induction cycles  | 250 | 9    |  |
| Benboubker, 2014 <sup>20</sup>                        | RD continuous induction   | 535 | 29   | Most cases of infection in the continuous lenalidomide–dexamethasone group occurred in the absence of neutropenia (80%) and the rate of infections remained stable over time.  |
|   | RD 18 cycles induction,   | 541 | 22   |  |

|  |   |     |      |  |
|--|---|-----|------|--|
|  | MPT induction,  | 547 | 17   |  |
| Durie, 2017 <sup>21</sup>                  | RD induction,   | 226 | 13.7 |  |
|  | VRD induction,  | 244 | 14.1 |  |
| Niesvizky, 2015 <sup>22</sup>              | VD 8 induction cycles, followed by bortezomib 5 maintenance cycles  | 165 | 21   | Pneumonia and H.zoster were the most frequent infections. Grade > 3 sepsis was reported in 3% (5 of 165), 3% (5 of 158), and 2% (3 of 163) of patients, respectively. Almost all grade 3-4 infections occurred during the 8 induction cycles   |
|  | VTD 8 induction cycles, followed by bortezomib 5 maintenance cycles | 158 | 16   |  |
|  | VMP 8 induction cycles, followed by bortezomib 5 maintenance cycles | 163 | 18   |  |
| Hulin, 2016 <sup>23</sup>                  | Rd continuous, ≤75 y  | 347 | 30   | Infections were the most common grade 3 to 4 non-hematologic treatment emergent adverse events and were more frequently reported in the Rd arms in both age groups.  |
|  | Rd for 18 cycles, ≤75 y   | 348 | 21   |  |
|  | MPT, ≤75 y  | 357 | 16   |  |
|  | Rd continuous, >75 y  | 185 | 29   |  |
|  | Rd for 18 cycles, >75 y   | 192 | 23   |  |
|  | MPT, >75 y  | 184 | 20   |  |
| Gay, 2015 <sup>24</sup>                    | RD induction  | 387 | 7.0  | As expected, fewer adverse events were reported with chemotherapy plus lenalidomide than with high-dose melphalan and ASCT consolidation. In the maintenance groups lenalidomide dose reduction due to infections was required in 0% and 4% of patients who received lenalidomide plus prednisone and lenalidomide alone, respectively |
|  | RCD, consolidation  | 129 | 5.0  |  |
|  | HDM+ASCT, consolidation   | 127 | 19.0 |  |
|  | Lenalidomide plus prednisone, maintenance                           | 117 | 7.0  |  |
|  | Lenalidomide alone, maintenance                                     | 106 | 5.0  |  |
| Mateos 2018 <sup>25</sup>                  | DaraVMP   | 346 | 23.1 | The most common grade 3-4 infection was pneumonia, with a higher rate in the daratumumab group than in the control group (11.3% vs. 4.0%).   |
|  | VMP   | 354 | 14.7 |  |
| Studies in relapsed-refractory MM patients |   |     |      |  |
| Dimopoulos 2007 <sup>26</sup>              | RD  | 176 | 11.3 | grade 3 or 4 febrile neutropenia was rare (occurring in 3.4% of the patients in the lenalidomide group and in none of those in the placebo group).   |
|  | Placebo-Dexamethasone   | 175 | 6.2  |  |

|                                |             |     |      |  |
|--------------------------------|-------------|-----|------|--|
| San Miguel <sup>27</sup>       | Poma-d      | 300 | 34   | Most infections occurred in the absence of neutropenia. In the Poma-d group the incidence of grade 3 or worse febrile neutropenia (10%) was fairly low. The rate of pomalidomide discontinuation due to infection was low. |
|                                | Poma-D      | 150 | 33   |  |
| Dimopoulos, 2016 <sup>28</sup> | KD          | 463 | 7    | Percentages refer only to patients with pneumonia  |
|                                | RD          | 456 | 8    |  |
| San Miguel, 2014 <sup>29</sup> | PanVD       | 381 | 13   | Percentages refer only to patients with pneumonia  |
|                                | Placebo- VD | 377 | 11   |  |
| Dimopoulos 2016 <sup>30</sup>  | DaraRD      | 283 | 28.3 | The most common infection of grade 3 or 4 was pneumonia, which occurred at similar rates in the two groups (7.8% vs 8.2%).   |
|                                | RD          | 281 | 22.8 |  |
| Palumbo 2016 <sup>31</sup>     | DaraVD      | 243 | 21.4 | The most common infection of grade 3 or 4 was pneumonia, which occurred at similar rates in the two groups (8.2% vs 9.7%).   |
|                                | VD          | 237 | 19   |  |

ASCT= autologous stem cell transplant;

DaraRD= daratumumab-lenalidomide-dexamethasone

DaraVD= daratumumab- bortezomib- dexamethasone

DaraVMP=daratumomab bortezomib, melphalan, prednisone

HDM= high-dose melphalan

KD= carfilzomib- dexamethasone

MPR=melphalan-prednisone-lenalidomide;

MP= melphalan- prednisone

MPT=melphalan-prednisone-thalidomide

PanVD= panobinostat-bortezomib-dexamethasone

Poma-D= pomalidomide-high-dose dexamethasone

Poma-d= pomalidomide-low-dose dexamethasone

RD= Lenalidomide-Dexamethasone high dose

Rd=Lenalidomide-Dexamethasone low dose;

TD= thalidomide dexamethasone

VCD=bortezomib/cyclophosphamide/dexamethasone;

VD= bortezomib-dexamethasone

VDD=bortezomib-doxorubicin/dexamethasone;

VMP= bortezomib, melphalan, prednisone

VMPT= Bortezomib-Melphalan-Prednisone-Thalidomide

VRD= bortezomib lenalidomide dexamethasone;

VT= bortezomib thalidomide

VTD= bortezomib thalidomide dexamethasone

vTD= bortezomib thalidomide dexamethasone with reduced doses of bortezomib

Table 2. Potential drug-drug Interactions of drugs used in the treatment of multiple myeloma and antimicrobials.

| <b>Drug</b>      | <b>Metabolism and potential of drug-drug interactions</b>  | <b>Precautions of co-administration with certain antimicrobial drugs</b>  |
|------------------|--|---|
| Melphalan        | It is not actively metabolized by CYP enzymes, it spontaneously degrades to mono and dihydroxy products.   | No precaution is required with any antibacterial, antifungal and antiviral drugs co-administration  |
| Cyclophosphamide | Metabolism and activation occurs at the liver. 75% of the drug is activated mainly by the enzymes CYP2B6, CYP2C9 and CYP3A4. Cyclophosphamide is a pro-drug and undergoes activation to eventually form active metabolites, phosphoramidate mustard and acrolein.                          | Concomitant use of cyclophosphamide with other drugs that are inhibitors or inducers of CYP2B6, CYP2C9, or CYP3A4 enzymes could cause interactions. Inhibition of cyclophosphamide metabolism determines reduced toxicity and, presumably, reduced efficacy. Co-administration with ciprofloxacin, and triazoles (in particular fluconazole which inhibits both CYP2C9 and CYP3A4) should be avoided. |
| Thalidomide      | Thalidomide is a substrate of human CYP450 enzymes but is not subjected to clinically significant pharmacokinetic drug–drug interactions when co-administered with CYP inhibitors, inducers, or substrates.  | No precaution is required with any antibacterial, antifungal and antiviral drugs co-administration  |
| Lenalidomide     | Lenalidomide is not a substrate of human CYP450 enzymes and is not subjected to direct conjugative metabolism. Hence, lenalidomide is not anticipated to be subjected to pharmacokinetic drug–drug interactions when coadministered with CYP and P-gp inhibitors, inducers, or substrates. | No precaution is required with any antibacterial, antifungal and antiviral drugs co-administration  |
| Pomalidomide     | Pomalidomide is neither an inducer nor inhibitor of CYP450 and P-gp.   | Co-administration with ciprofloxacin (a strong  |

|                            |  |   |
|----------------------------|--|---|
|                            | Oxidative metabolism of pomalidomide is predominately mediated by CYP1A2 and CYP3A4, and pomalidomide is a P-gp substrate. Coadministration of pomalidomide with strong CYP1A2 inhibitors significantly increases pomalidomide exposure.   | CYP1A2 inhibitor) should be avoided or pomalidomide reduced by 50%. There is no interaction with Levofloxacin. No significant interaction with triazoles.                               |
| Bortezomib                 | Bortezomib is a substrate of the enzymes CYP1A2, CYP2C9 and CYP3A4 and a mild inhibitor of CYP1A2, CYP2C9, CYP2C19, CYP2D6 and CYP3A4. Coadministration of bortezomib with strong CYP3A4 inhibitors increases bortezomib exposure by 35%.  | Serum concentration can be increased when combined with clarithromycin, fluconazole, itraconazole, posaconazole, voriconazole. Combination with these drugs should be possibly avoided. |
| Carlfizomib                | Carlfizomib is not a substrate of the CYP enzymes. It is a substrate of the P-gp, however, being an intravenous drug this interaction does not seem to be clinically relevant.   | No precaution is required with any antibacterial, antifungal and antiviral drugs co-administration  |
| Ixazomib                   | Ixazomib is not a substrate of human CYP450 enzymes and is not subjected to direct conjugative metabolism. Hence, ixazomib is not anticipated to be subjected to pharmacokinetic drug–drug interactions when coadministered with CYP and P-gp inhibitors, inducers, or substrates. | No precaution is required with any antibacterial, antifungal and antiviral drugs co-administration  |
| Elotuzumab and daratumumab | There are no studies on interactive pharmacokinetic. Presumably, monoclonal antibodies do not interact with CYP or other enzymes   | No precaution is required with any antibacterial, antifungal and antiviral drugs co-administration  |
| Panobinostat               | Approximately 40% of the hepatic elimination of panobinostat occurs through the CYP3A4 enzyme pathway.   | Co-administration with clarithromycin, itraconazole, voriconazole and posaconazole (strong/moderate CYP3A4 inhibitors) should be avoided or panobinostat reduced by 50%.                |